

## Essential Visits: Pre-Visit Checklist for Visitors

This checklist is provided to assist you in preparing for your Essential Visits as a resident's nominated representative. Please familiarise yourself with the information below and don't hesitate to contact your Home if you have any further queries.

### 1. Who is eligible to make an Essential Visit?

Each resident's nominated representative is considered to be the eligible person, this can be the Next of Kin (NOK), the Power of Attorney (POA) or the Enduring Guardian.

### 2. What is an Essential Visit?

Essential visits are defined as those required to be conducted for residents:

- Undergoing end of life care
- Experiencing extreme emotional and/or mental stress
- Who have a clearly established pattern of involvement from a visitor in providing their care and support as an essential part of their care plan

We ask for your cooperation in adhering to the 'essential' visit definition above and not put pressure on the staff in our Homes for a face to face visit at this time if the criteria does not apply to you.

### 3. Entry Checklist

	Check
Report to reception and complete and pass the health screening assessment	
Undertake a temperature check	
Provide evidence of having received 2020 Influenza Vaccination	
Proceed directly to the resident's room or designated meeting area in the Home	
Not come into contact with other residents, staff or family members	
Maintain 1.5m physical distancing rules at all times	
Practice hand hygiene upon entry to the Home and before entering and leaving a resident's room	
Follow respiratory hygiene practices	
Only visit during visitor hours : Weekdays 10.00am – 6.00pm (last entry 4.00pm)	
Limit visits to ideally 30 minutes and maximum of 2 hours	
Use of face mask during the visit is strongly encouraged	

### 4. Personal Health Monitoring

Over this critical time if you feel even mildly unwell, please do not come into the Home, even if the visit is considered essential.

### 5. Arranging a visit

It is important that we are able to safely support and manage essential visits in our Homes. To help us make everyone's visit as safe and enjoyable as possible, please book your visit with 48 hours notice.

### 6. Additional Visitor Access Information

[Hand Hygiene](#) [Respiratory Hygiene](#) [COVID-19 education resources](#) [aged care access restrictions](#)